

How Long Does My Student Have to Stay Home?

Isolation

10

If a student tests positive for COVID-19 or is presumed positive, they will be out of school for 10 days from the test date or the start of symptoms.



This time frame is based on the number of days the student is considered contagious.



Central Michigan District Health Department
Promoting Healthy Families, Healthy Communities

Read more at Michigan.gov/coronavirus

Quarantine

10

If a student had a high-risk exposure to a positive case (less than 6 feet for longer than 15 minutes) and/or they share a household with a positive case but CAN AVOID CLOSE CONTACT, they will be out of school for 10 days. Students must still monitor for symptoms until day 14.

Symptoms may appear 2 to 14 days after exposure to the virus. Therefore, a negative test during this period does not end quarantine early. If symptoms appear, get tested.

Exceptions: If exposure occurred 2 or more weeks after being fully vaccinated or if recent exposure occurred within 3 months of a diagnosed COVID-19 illness.

Quarantine

20

If a student lives in the same home as someone else who has tested positive and they CANNOT AVOID CLOSE CONTACT, they will be out of school for 20 days, and monitor for symptoms for 4 more days.

$$10+10=20$$



This time frame is longer because quarantine begins after the household member is no longer contagious (10 days).