



# Central Michigan District Health Department

*Promoting Healthy Families, Healthy Communities*



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## **PRESS RELEASE FOR LOCAL MEDIA**

**To:** Local Media

**From:** Central Michigan District Health Department

**RE:** 12<sup>th</sup> Annual HIV/AIDS 5K Fundraiser

**Release Date:** Immediately (July 28, 2021)

### **Central Michigan District Health Department Hosts**

#### **12<sup>th</sup> Annual Central Michigan HIV/AIDS 5K**

**Mt. Pleasant, Mich.** – Central Michigan District Health Department (CMDHD) is hosting the 12<sup>th</sup> Annual Central Michigan HIV/AIDS 5k Walk/Run on Saturday, September 18<sup>th</sup> at Island Park in Mt. Pleasant. Our Annual Central Michigan HIV/AIDS 5k fundraiser is aimed to educate the community, reduce HIV/AIDS related stigma, and raise funds to help people who have been diagnosed and are living with HIV/AIDS within the Central Michigan Area.

CMDHD is committed to the belief that all people have dignity and worth and are entitled to the highest quality of life by providing a voice, leadership and education for those people affected and living with HIV/AIDS. Proceeds from this event will help provide comprehensive support including harm reduction programming and education, HIV medical care, case management, social service referrals to address needs such as insurance, primary medical care, food, housing, transportation, and counseling.

**This will be the 12<sup>th</sup> year CMDHD has put on a HIV/AIDS 5k fundraiser. The event will be held in person at Island Park in Mt Pleasant, Michigan on Saturday September 18<sup>th</sup>, 2021.** We encourage everyone from our local communities to participate in this event which is open to all ages and ability levels. This family friendly fun run is a great opportunity to help give back and take part in our community. To register, please visit:

<https://runsignup.com/Race/MI/MountPleasant/12thAnnualCentralMichiganHIVAIDS5k>

There is a \$25 registration fee for participants 18 years and older for this year's 5k. Children aged 17 and younger earn a free registration by bringing a donation for those in need for the Mt Pleasant Care Store on race day. The option to participate in this year's 5k virtually is available by visiting the race

*Please visit us at our website [www.cmdhd.org](http://www.cmdhd.org)*

webpage and registering for the “VIRTUAL 12<sup>th</sup> Annual Central Michigan HIV/AIDS 5k” sign up link. More information is available by calling Anna Reetz at 989-773-5921 ext. 1480.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at [www.cmdhd.org](http://www.cmdhd.org), LIKE Central Michigan District Health Department on Facebook and follow us on Twitter @CMiDHD.

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*To request an interview, please visit our website ([cmdhd.org](http://cmdhd.org)) and fill out the [Media Interview Request Form](#).*