



# Central Michigan District Health Department

*Promoting Healthy Families, Healthy Communities*



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## PRESS RELEASE FOR LOCAL MEDIA

To: Local Newspapers

From: CMDHD Health Promotion Department

RE: National HIV Testing Day

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### National HIV Testing Day

Central Michigan District Health Department (CMDHD) is observing National HIV Testing Day, which is an annual event meant to raise awareness of the importance of knowing one's HIV status and encourage at-risk individuals to receive an HIV test. **In the United States, about 38,000 new HIV infections occur each year; about 14% are unaware of their infection and need testing.** Getting tested is the first step to finding out your status and if you have HIV, getting medical care and taking medications as prescribed helps you to live a long, healthy life while lowering the chances of passing it on to others.

The Central Michigan District Health Department offers **FREE HIV and STD testing** (Chlamydia, Gonorrhea, Syphilis and Hepatitis C) every Tuesday, Wednesday, and Thursday at their Isabella County branch office, call to schedule an appointment. CMDHD (Isabella County) is located at 2012 E. Preston, Mt. Pleasant. Appointments are available between 9 am – noon; 1 pm – 3 pm.

Please take advantage of this free program to know your status! All testing is confidential, if you have questions or would like to schedule an appointment call (989) 773-5921 ext. 1409. Walk-ins are welcomed upon staff availability during the designated testing times.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at [www.cmdhd.org](http://www.cmdhd.org), LIKE Central Michigan District Health Department on Facebook and follow us on Twitter @CMiDHD.

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*To request an interview, please visit our website ([cmdhd.org](http://cmdhd.org)) and fill out the Media Interview Request Form.*

Sources: Centers for Disease Control and Prevention: [www.cdc.gov](http://www.cdc.gov)

*Please visit us at our website [www.cmdhd.org](http://www.cmdhd.org)*