

Which Vaccines Do I Need?

Name: _____

[†]Tdap protects against tetanus (lockjaw), diphtheria, and pertussis (whooping cough). This vaccine should replace one of the Td (tetanus and diphtheria) boosters that adults receive every 10 years.

Record Vaccines Here		
Date(s) Received		

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You Never Outgrow Vaccines: Adult Vaccination Tracker and Guide

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⁵Recommended for adults younger than age 60. Adults age 60 or older should speak to their healthcare provider. ⁶*Haemophilus influenzae* type B

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⁷Other vaccines are recommended for certain healthcare personnel. Visit [cdc.gov/vaccines](https://www.cdc.gov/vaccines) for details.

Things You Should Know about Adult Vaccination

- Other vaccines may be recommended for adults with health conditions or travel plans outside of the United States. Speak with a healthcare professional for more information.
- Please speak with a healthcare professional about your specific vaccination needs if you: are a man who has sex with men, reside in a long-term care facility or nursing home, have close contact with an international adoptee, are a recent military recruit, or work in a laboratory setting. Additionally, there may be other reasons to receive vaccines including drug use, weakened immune system, or other factors.
- Vaccination can mean the difference between life and death.
- Some vaccines are given in only one dose while others require multiple doses or a booster. Your healthcare provider can tell you how many doses you need.
- Vaccines are one of the safest medical products available, but some people should not receive certain vaccines, including individuals who have had allergic reactions to a previous dose of a vaccine or its components. Pregnant women and those with HIV/AIDS or other disease/condition that affects the immune system should not receive live vaccines.