



Central Michigan District Health Department
“Promoting Healthy Families, Healthy Communities”

For more information, call your local CMDHD branch office:

Arenac (989) 846-6541/Clare (989) 539-6731/Gladwin (989) 426-9431/
Isabella (989) 773-5921/Osceola (231) 832-5532/Roscommon (989) 366-9166

www.cmdhd.org

Valacyclovir (Valtrex)

Valacyclovir is used for treating the pain, discomfort and viral shedding of genital herpes. Valacyclovir will NOT cure genital herpes.

Valacyclovir should not be used if:

- You are pregnant or breastfeeding
- You are HIV positive
- You have had a bone marrow or kidney transplant
- You have kidney disease

Some side effects of Valacyclovir:

- Painful menses
- Stomach cramps
- Diarrhea
- Nausea
- Headache
- Dizziness

Directions for the use of this medication:

- The dose of valacyclovir will be different for different patients. Follow your health care provider's directions carefully.
- This medicine works best if taken within 24-48 hours of symptoms of genital herpes.
- This may be taken with meals.
- Take the full course of treatment.

Special Instructions:

- Do not have sexual intercourse or contact when you are having symptoms of genital herpes.
- Use a condom made of latex whenever you have sexual intercourse or contact.