To: Local Newspapers

From: Central Michigan District Health Department, Personal Health Services

RE: Maternal Infant Health Program

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Central Michigan District Health Department offers the Maternal Infant Health Program (MIHP) for women who are currently pregnant and for infants up to 1 year of age who are enrolled in or eligible for Medicaid. They also have to meet certain risk criteria. Visits are offered by experienced and caring Registered Nurses, Social Workers and Registered Dietitians in the office, home or other site most beneficial for the client.

The staff in the MIHP program provides parenting and childbirth education as well as health, nutrition and infant and maternal bonding information. Access to health department programs such as WIC, Immunizations and Family Planning are also offered as combined visits to help these families. CMDHD MIHP staff also provide referrals to health care providers, support groups, resources and other community services which may be needed.

The MIHP program strives to meet very important goals for these families including:

- Increasing access to quality prenatal care to ensure healthy pregnancies.
- Ensuring positive birth outcomes.
- Improvement of the mother’s and infant’s nutrition status.
- Improvement of infant growth and development.
- Promoting family and infant bonding.

In providing these services it is the hope that it will decrease mother and infant death rates, decrease smoking, alcohol and drug use, and decrease the occurrence of low birth weight infants. CMDHD staff works with families to develop family and individual goals to increase the possibility of delivering a healthy, full-term baby and then provide families with parenting education which will help the baby stay healthy. The program also offers some assistance with travel costs for doctor visits and medical care.
Please contact your local Central Michigan District Health Department branch office for more information or visit our website at www.cmdhd.org or join us (Central Michigan District Health Department) on Facebook.

This article has been provided by Central Michigan District Health Department, which serves the local residents of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon Counties.

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