To: Local News Media  
From: Central Michigan District Health Department  
RE: Together We Can 5K Trot and the 23rd Annual Women’s Golf Scramble Fundraisers  
Release Date: Immediate (July 2014)

Central Michigan District Health Department

Raises Over $3,600 for Community Health Improvement

Through the Together We Can 5K Trot and the 23rd Annual Women’s Golf Scramble, CMDHD has raised over $3,600 for health improvement in six central Michigan counties.

Central Michigan District Health Department (CMDHD) hosted two events in June to raise funds for community health improvement. The Together We Can Trot 5K was held on Saturday, June 7th during the Mt. Pleasant Summer Festival. The 23rd Annual Women’s Golf Scramble was held on Saturday, June 21st at Pleasant Hills Golf Club. About 200 people participated in the two events, which raised over $3,600. The funds will be distributed to each of the six counties served by CMDHD, which are Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. These funds will be used by each county’s Health Improvement Planning group to provide citizens with resources and opportunities to learn more about health and achieve a healthier lifestyle.

Together We Can is a community health improvement project that began in 2010 to improve the health of the more than 190,000 residents in central Michigan. Together We Can focuses on issues such as access to health care, healthy eating, staying physically active, safety, substance abuse, maternal and infant health, and much more.

If you would like an opportunity to get involved in improving health in your community, consider joining Together We Can. Together We Can is a community project aimed at improving health status in the central Michigan counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. For more information LIKE Together We Can Health Improvement Council on Facebook, visit our website at www.together-we-can.org or email us at TogetherWeCan@cmdhd.org.
This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon. Visit our website at www.cmdhd.org and LIKE Central Michigan District Health Department on Facebook.

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