



Central Michigan District Health Department  
“Promoting Healthy Families, Healthy Communities”  
For more information, please call: (989) 773-5921 ext. 8409  
2012 E. Preston Avenue, Mt. Pleasant, Michigan 48858, [www.cmdhd.org](http://www.cmdhd.org)

**To: Local Newspaper**

**From: Central Michigan District Health Department**

**RE: National Infant Immunization Week**

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**National Infant Immunization Week April 25 – May 2, 2009**

National Infant Immunization Week is held annually to emphasize the importance of protecting infants from vaccine-preventable diseases. It serves as a reminder to parents and caregivers to protect their children's health by having them vaccinated, and in turn, making them resistant to vaccine preventable diseases. This is critical to creating a healthier community. Vaccinated children help stop the spread of diseases to others who may not be completely protected, such as the elderly and those with weakened immune systems.

Before a child reaches their 2<sup>nd</sup> birthday, he or she should receive the following immunizations:

- 3 doses of Hepatitis B
- 4 doses of DTaP (Diphtheria, Tetanus, Pertussis)
- 3-4 doses of Hib (H. Influenza, type b) the number of doses depends on the brand of Hib
- 3 doses of Polio
- 1 dose of MMR (Measles, Mumps, Rubella)
- 1 dose of Varicella (Chickenpox vaccine)
- Pneumococcal (number of doses vary according to age in which series began)
- 2 doses of Hepatitis A
- 2-3 doses of Rotavirus (the number of doses depends on the brand used)
- Annual influenza vaccine is also recommended for children ages 6 months of age and older

After receiving an immunization, a child may experience mild side effects including: tiredness, low-grade fever, and tenderness at the site of injection. Immunizations save lives! It is more likely that a child will be harmed by vaccine-preventable diseases than by receiving the actual immunizations. If diagnosed with one of these diseases, a child could experience the following: fever, chills, breathing problems, heart problems, pneumonia, infections, brain damage, nausea, rashes, hospitalization, and even death. More information on infant/child immunizations can be found at [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines) (Center's for Disease Control) and [www.immunize.org](http://www.immunize.org) (Immunization Action Coalition).

During National Infant Immunization Week, we are asking parents and caregivers to call your health care provider or your local Central Michigan District Health Department branch office and make an appointment for your child to get vaccinated.

Arenac: (989) 846-6541  
Personal Health ext. 8111

Isabella: (989) 773-5921  
Personal Health ext. 8405

Clare: (989) 539-6731  
Personal Health ext. 8214

Osceola: (231) 832-5532  
Personal Health ext. 8510

Gladwin: (989) 426-9431  
Personal Health ext. 8310

Roscommon: (989) 366-9166  
Personal Health ext. 8674

This article is brought to you by the staff at Central Michigan District Health Department, which serves residents in the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon.

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