To: Local News Media

From: Central Michigan District Health Department

RE: Central Michigan District Health Department’s Board of Health Recommendation for August 2012

Release Date: September 21, 2012

The Central Michigan District Health Department Board of Health, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon, approved at their August 29th meeting the following recommendations:

- Wash your hands before and after entering pig exhibit barns
- People at high risk should avoid pig exhibits, e.g. pregnant women, diabetic, heart patients
- Ill appearing pigs should be removed from exhibits
- Highly caffeinated drinks should be avoided. This is especially true in hot muggy weather and for people with heart conditions and high blood pressure who are advised to not consume energy drinks.

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Resources:
http://www.cdc.gov/Features/AnimalExhibits/
http://www.mayoclinic.com/health/energy-drinks/AN01303
This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon Counties.

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