



PRESS RELEASE FOR LOCAL MEDIA

Central Michigan District Health Department
"Promoting Healthy Families, Healthy Communities"

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To: Local News Media

From: Central Michigan District Health Department

RE: Central Michigan District Health Department's Board of Health Recommendation for June 2012

Release Date: July 6, 2012

The Central Michigan District Health Department Board of Health, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon, approved at their June 27th, the following recommendations:

- Cook meat, especially ground meats until the juices are clear and not pink
- Keep cold foods on ice at temperatures below 41 degrees
- Keep foods covered to avoid insect contamination
- Provide shade, moving air, and water especially for the very young and very old¹

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Resource: ¹ <http://www.cdc.gov/Features/FairsAndFood/>

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¹ <http://www.cdc.gov/Features/FairsAndFood/>

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon Counties.

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